

# DISTRACTED DRIVING

## — SAFETY TIPS —



Distracted driving is dangerous. You are 90 percent more likely to have an accident when driving distracted (NHTSA).

Distractions include cell phone use, eating, drinking, radio, and passengers. Stay focused to reduce your chances of getting into a vehicle collision.

**1 out of every 2 teens** will be involved in a car crash before they graduate from high school.

—NHTSA



**If you're distracted, who is driving?**

## Teen Drivers

Teens have a one in two chance of being involved in a car collision before graduating from high school.

According to SCDPS, a teen driver is responsible for a collision that kills or injures someone every 1.4 hours in South Carolina.

NHTSA survey of teens revealed 34 percent of teens admitted to using their phones while driving and 48 percent were in the car while the driver was texting.



**Scan here to learn how to talk to your teen about Smart Driving.**

## Cell Phones

Distracted driving, even for a few seconds, can have disastrous consequences. Keeping your eyes on the road can help keep everyone safe.

**DO NOT** use cell phones while driving. Cell phone use is involved in more than 60 percent of vehicle collisions. In SC, texting while driving is against the law.

## Did you know . . .

- You will travel the length of a football field in the time it takes you to read one text when going 55 mph. (NHTSA)
- In South Carolina, almost 19,000 collisions are caused by distracted driving every year. That's two collisions every hour!



## Safe Driving Tips

- Be sure you and all passengers (including children in car seats) are safely buckled.
- Silence cell phones and put them out of reach before starting to drive.
- When driving, keep your hands ("10 and 2" position) on the wheel and your eyes on the road.
- Come to a complete stop if you need to take your hands off the steering wheel or use the phone.
- Don't apply makeup, take selfies, or check your reflection while driving.

